

Food & Nutrition

Word Scramble

SPTAOSIMU

POTASSIUM

SKYBDAHEROCA

CARBOHYDRATES

EMIUNM HTAHEL

IMMUNE HEALTH

ZNCI

ZINC

BEIRF

FIBER

TAREH HALTEH

HEART HEALTH

CIMUALC

CALCIUM

ORNI

IRON

AOIDXTAITNN

ANTIOXIDANT

YDARI

DAIRY

AVTIINM C

VITAMIN C